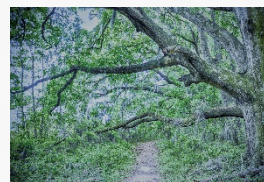


# Hammer the Hammock

At San Felasco Hammock  
Preserve State Park

📍 [13201 Progress Blvd. Alachua, FL 32615](https://www.google.com/maps/place/13201+Progress+Blvd,+Alachua,+FL+32615)



**Race Director**  
Maxwell  
Gledhill  
904-687-8215  
[maxwell@floridamtb.org](mailto:maxwell@floridamtb.org)

## SATURDAY

February 29, 2020

Registration  
**12:30 – 5 p.m.**  
Coach Meeting & pre-ride  
**12:30 p.m.**  
GRiT Pre-Ride  
**4:00 p.m.**  
Course Open to Pre-Riding  
**2:00 – 5 p.m.**

## SUNDAY

March 1, 2020

Registration  
**8 – 11 a.m.**  
Course Open to Pre-Riding  
**8 – 9 a.m.**  
Coach Meeting  
**8:30 a.m.**  
First Race Start  
**9:30 a.m.**

*Note: All riders must have a FICL raceplate mounted to the bike to be on the course.*

**Chief Course Marshal**  
Ken Newman  
813-765-8292  
[kenfloridamtb@gmail.com](mailto:kenfloridamtb@gmail.com)

### IN CASE OF EMERGENCY

Contact **Chief Course Marshal Ken Newman** during the race on Sunday to reach onsite EMS. All course marshals and league core staff have radios.

**AT ALL OTHER TIMES CALL 911**

## WAVES, START TIMES, LAPS & DISTANCE

Category (Plate Color)	Staging Time	Start Time	Laps	Approx. Miles	Approx. Race Times
<b>Wave 1 (Middle School Boys)</b>					
Boys Grade 8 (yellow, #'s 6000-6018)	9:15 am	9:30 am	1	4.8	<45 min
Boys Grade 7 (purple, #'s 5000-5018)	9:15 am	9:32 am	1	4.8	<45 min
Boys Grade 6 (green, #'s 4000-4011)	9:15 am	9:34 am	1	4.8	<45 min
<b>Wave 2 Girls</b>					
Varsity Girls (-)	10:15 am	10:30 am	4	19.2	90-120 min
JV Girls (pink, #'s 100-103)	10:15 am	10:32 am	3	14.4	60-100 min
Sophomore Girls (orange)	10:15 am	10:34 am	2	9.6	45-90 min
Freshman Girls (dark blue, #'s 700-701)	10:15 am	10:36 am	2	9.6	45-90 min
Girls Grade 8 (yellow, 3000-3002)	10:15 am	10:38 am	1	4.8	<45 min
Girls Grade 7 (purple, #'s 2000-2006)	10:15 am	10:40 am	1	4.8	<45 min
Girls Grade 6 (green #'s 1000-1004)	10:15 am	10:42 am	1	4.8	<45 min
<b>Wave 3</b>					
Varsity Boys (-)	12:15 am	12:30 pm	4	19.2	90-120
JV Boys (pink, #'s 300-306)	12:15 am	12:32 pm	3	14.4	60-100 min
Sophomore Boys (orange, #'s 500-515)	12:15 am	12:34 pm	2	9.6	45-90 min
Freshman Boys (dark blue, #'s 800-812)	12:15 am	12:36 pm	2	9.6	45-90 min

STAGING OPENS 15MINUTES BEFORE START TIME

APPROX LAP LENGTH: 4.8 MILES



**BA OFENG UHF RADIO CHANNELS**  
Channel 1—Ops  
Channel 2—Course Marshals

**COURSE MAP**