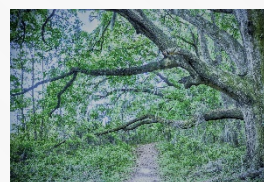


Hammer the Hammock

At San Felasco Hammock
Preserve State Park

📍 [13201 Progress Blvd. Alachua, FL 32615](https://www.google.com/maps/place/13201+Progress+Blvd,+Alachua,+FL+32615)



Race Director
Maxwell
Gledhill
904-687-8215
maxwell@floridamtb.org

SATURDAY

February 29, 2020

Registration
12:30 – 5 p.m.
Coach Meeting & pre-ride
12:30 p.m.
GRiT Pre-Ride
4:00 p.m.
Course Open to Pre-Riding
2:00 – 5 p.m.

SUNDAY

March 1, 2020

Registration
8 – 11 a.m.
Course Open to Pre-Riding
8 – 9 a.m.
Coach Meeting
8:30 a.m.
First Race Start
9:30 a.m.

Note: All riders must have a FICL raceplate mounted to the bike to be on the course.

Chief Course Marshal
Ken Newman
813-765-8292
kenfloridamtb@gmail.com

IN CASE OF EMERGENCY

Contact **Chief Course Marshal Ken Newman** during the race on Sunday to reach onsite EMS. All course marshals and league core staff have radios.

AT ALL OTHER TIMES CALL 911

WAVES, START TIMES, LAPS & DISTANCE

Category (Plate Color)	Staging Time	Start Time	Laps	Approx. Miles	Approx. Race Times
Wave 1					
Middle Sch. Boys Grade 8 (Yellow)	9:15 am	9:30 am	1	4.8	<50 min
Middle Sch. Boys Grade 7 (light blue)	9:15 am	9:32 am	1	4.8	<50 min
Middle Sch. Boys Grade 6 (green)	9:15 am	9:34 am	1	4.8	<50 min
Wave 2					
Varsity Girls (pink)	10:30 am	10:45 am	3	14.4	90-120 min
JV Girls (purple)	10:30 am	10:47 am	2	9.6	60-100 min
Sophomore Girls (orange)	10:30 am	10:49 am	2	9.6	45-90 min
Freshman Girls (dark blue)	10:30 am	10:51 am	2	9.6	45-90 min
Middle Sch. Girls Grade 8 (yellow)	10:30 am	10:53 am	1	4.8	<50 min
Middle Sch. Girls Grade 7 (light blue)	10:30 am	10:55 am	1	4.8	<50 min
Middle Sch. Girls Grade 6 (green)	10:30 am	10:57 am	1	4.8	<50 min
Wave 3					
Varsity Boys (pink)	12:45 am	1:00 pm	4	19.2	90-120
JV Boys (purple)	12:45 am	1:02 pm	3	14.4	60-100 min
Sophomore Boys (orange)	12:45 am	1:04 pm	2	9.6	45-90 min
Freshman Boys (dark blue)	12:45 am	1:06 pm	2	9.6	45-90 min

STAGING OPENS 15MINUTES BEFORE START TIME

APPROX LAP LENGTH: 4.8 MILES



BAOFENG UHF RADIO CHANNELS
Channel 1–Ops
Channel 7 –Course Marshals

COURSE MAP